

## Spastic paraplegia type 11

### Description

Spastic paraplegia type 11 is part of a group of genetic disorders known as hereditary spastic paraplegias. These disorders are characterized by progressive muscle stiffness (spasticity) and the development of paralysis of the lower limbs (paraplegia). Hereditary spastic paraplegias are divided into two types: pure and complex. The pure types involve the lower limbs. The complex types involve the lower limbs and can affect the upper limbs to a lesser degree. Complex spastic paraplegias also affect the structure or functioning of the brain and the peripheral nervous system, which consists of nerves connecting the brain and spinal cord to muscles and sensory cells that detect sensations such as touch, pain, heat, and sound. Spastic paraplegia type 11 is a complex hereditary spastic paraplegia.

Like all hereditary spastic paraplegias, spastic paraplegia type 11 involves spasticity of the leg muscles and muscle weakness. In almost all individuals with this type of spastic paraplegia, the tissue connecting the left and right halves of the brain (corpus callosum) is abnormally thin. People with this form of spastic paraplegia can also experience numbness, tingling, or pain in the arms and legs (sensory neuropathy); disturbance in the nerves used for muscle movement (motor neuropathy); intellectual disability; exaggerated reflexes (hyperreflexia) of the lower limbs; speech difficulties (dysarthria); reduced bladder control; and muscle wasting (amyotrophy). Less common features include difficulty swallowing (dysphagia), high-arched feet (pes cavus), an abnormal curvature of the spine (scoliosis), and involuntary movements of the eyes (nystagmus). The onset of symptoms varies greatly; however, abnormalities in muscle tone and difficulty walking usually become noticeable in adolescence.

Many features of spastic paraplegia type 11 are progressive. Most people experience a decline in intellectual ability and an increase in muscle weakness and nerve abnormalities over time. As the condition progresses, some people require wheelchair assistance.

### Frequency

Over 100 cases of spastic paraplegia type 11 have been reported. Although this condition is thought to be rare, its exact prevalence is unknown.

## Causes

Mutations in the *SPG11* gene cause spastic paraplegia type 11. The *SPG11* gene provides instructions for making the protein spatacsin. Spatacsin is active (expressed) throughout the nervous system, although its exact function is unknown. Researchers speculate that spatacsin may be involved in the maintenance of axons, which are specialized extensions of nerve cells (neurons) that transmit impulses throughout the nervous system.

*SPG11* gene mutations typically change the structure of the spatacsin protein. The effect that the altered spatacsin protein has on the nervous system is not known. Researchers suggest that mutations in spatacsin may cause the signs and symptoms of spastic paraplegia type 11 by interfering with the protein's proposed role in the maintenance of axons.

[Learn more about the gene associated with Spastic paraplegia type 11](#)

- SPG11

## Inheritance

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

## Other Names for This Condition

- Autosomal recessive spastic paraplegia complicated with thin corpus callosum
- Autosomal recessive spastic paraplegia with mental impairment and thin corpus callosum
- HSP-TCC
- SPG11-related hereditary spastic paraplegia with thin corpus callosum

## Additional Information & Resources

### Genetic Testing Information

- Genetic Testing Registry: Hereditary spastic paraplegia (<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0037773/>)
- Genetic Testing Registry: Spastic paraplegia 11, autosomal recessive (<https://www.ncbi.nlm.nih.gov/gtr/conditions/C1858479/>)

### Genetic and Rare Diseases Information Center

- Hereditary spastic paraplegia (<https://rarediseases.info.nih.gov/diseases/6637/hereditary-spastic-paraplegia>)
- Spastic paraplegia 11 (<https://rarediseases.info.nih.gov/diseases/4919/spastic-paraplegia-11>)

#### Patient Support and Advocacy Resources

- Disease InfoSearch (<https://www.diseaseinfosearch.org/>)
- National Organization for Rare Disorders (NORD) (<https://rarediseases.org/>)

#### Research Studies from ClinicalTrials.gov

- ClinicalTrials.gov (<https://clinicaltrials.gov/ct2/results?cond=%22spastic+paraplegia+type+11%22+OR+%22Spastic+Paraplegia%2C+Hereditary%22+OR+%22Spastic+Paraplegia%22>)

#### Catalog of Genes and Diseases from OMIM

- SPASTIC PARAPLEGIA 11, AUTOSOMAL RECESSIVE (<https://omim.org/entry/604360>)

#### Scientific Articles on PubMed

- PubMed (<https://pubmed.ncbi.nlm.nih.gov/?term=%28SPG11%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>)

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**Page last updated on 27 April 2021**

**Page last reviewed: 1 April 2009**